

# EMBRACE

*ease*

Nature never struggles.  
Rivers flow. Flowers grow.  
Life does not labour.  
Moments flow. People grow.  
Naturally unfolding,  
expanding into space,  
sprung from seeds of destiny,  
a steady stream towards the sea.  
Gently now, follow the path  
that every flower must embrace  
to bloom into being.

THRIVE • NINA HEYEN

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