

# ENJOY *Life*

Take a breath and  
breathe the world,  
taste the sweetness underneath.  
Take in all you take for granted,  
fill your soul with all there is.  
For in this moment  
no one else owns this piece of life, but you.  
it is yours and yours alone  
to hold and love.  
This gift called Life.

THRIVE • NINA HEYEN

© www.MindEtc.com

## ENJOY YOUR FREE POETRY CARD!

PRINT AS MANY TIMES AS YOU WANT, AND SHARE WITH FRIENDS & FAMILY  
OR LEAVE FOR STRANGERS TO FIND...  
FIND MORE PRINTABLE POEMS AT [WWW.NINAHEYEN.COM](http://WWW.NINAHEYEN.COM)

© NINA HEYEN | FOR PERSONAL USE ONLY,  
NOT TO BE ALTERED, MODIFIED OR SOLD.