

A wee little book to brighten your day

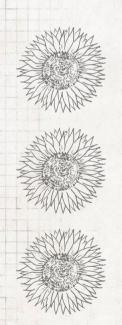
# Hello There!

I'm a Poemfairy Book ...
I might be small, but I'm on a big mission.
I was created to travel the world and spread joy & happiness to as many souls as possible.
It's my purpose to make people smile and brighten their days, so when you've finished reading me, please release me to continue my journey, and pass me on to the next soul in need of a little cheer...

But first, let me lift your spirits a bit...



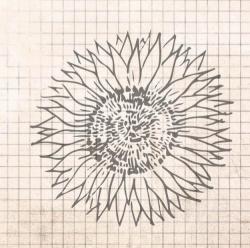
## Morning Blessing



MAY THE MORNING'S
TENDER VEIL,
THE SOUNDS OF DAWN,
THE GLIMPSE OF DAY
GENTLY LIFT
AND FORM A SAIL
TO CATCH THE FAIR WINDS
ON YOUR WAY.

#### Step Forward

COME, STEP FORWARD,
INTO THE LIGHT,
OUT OF THE SHADOWS,
SHINING BRIGHT.
REMEMBER YOUR PLACE,
YOUR HOME UP HIGH,
WHERE YOU BELONG
A STAR IN THE SKY.





Embrace Life

FLING YOUR HEART WIDE OPEN,
STRETCH YOUR ARMS TOWARDS THE HEAVEN
AND HURL YOUR SOUL INTO SPACE.
NEVER FOR ONE MOMENT DENY
THE LOVE FLOWING THOUGH YOUR VEINS.
NEVER EVER HOLD BACK
THAT WILD ROARING ALIVENESS
WANTING TO KISS THE SKY.

May

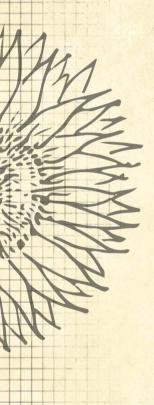


## Laugh Often

CHUCKLE, GIGGLE, LAUGH OUT LOUD,
FIND THE HUMOROUS IN HUMILITY,
THE HILARIOUS IN THE NEFARIOUS.
LET LAUGHTER TRANSFORM THE SERIOUS
AND LIGHTEN FEELINGS OF HEAVINESS.
LAUGH OFTEN,
A CHEERFUL HEART WILL
TURN FEAR INTO FROLIC
AND ANGER TO ASHES.

## Little Giftts

DID YOU EVER CARESS THE LEAVES OF A TREE, OR PET A LITTLE BUMBLEBEE? HAVE YOU EVER RELEASED A WISH TO THE SUN. OR HOWLED AT THE MOON, JUST FOR FUN? HAVE YOU EVER STRIPPED NAKED AND DANCED IN THE RAIN? OR LAUGHED SO HARD YOU COULD DIE OF THE PAIN? OR HUGGED A STRANGER. OR RACED A SMALL CHILD? OR LET YOUR IMAGINATION RUN WILD? DON'T EVER DENY YOURSELF SUCH A GIFT - OR ELSE YOU'LL FIND YOU'VE NOT REALLY LIVED...



#### Imagine

IMAGINE THIS DAY
IS YOUR FIRST ON EARTH.
YOU MAGICALLY WOKE UP TO
A BRAND NEW LIFE,
FILLED WITH POSSIBILITIES
AND ENDLESS ADVENTURE.
YESTERDAY IS IRRELEVANT,
TOMORROW BUT A DREAM.

BUT TODAY TODAY IS A BLANK CANVAS
WITH A BIG BOX OF CRAYONS.
AND THE ONLY RULES
ARE THE ONES YOU
SET FOR YOURSELF...

I hope you have enjoyed reading me, and that I could bring a little cheer to your day...

Now please pass me on and let me continue my journey - there are many more souls I wish to meet!

If you'd like to know a little bit more about where I come from, you can read about the Poemfairy Project here:
www.ninaheyen.com/pfp

Take care of yourself, you beautiful soul...

