

# LAUGH *often*

Chuckle, giggle, laugh out loud,  
find the humorous in humility,  
the hilarious in the nefarious.  
Let laughter transform the serious  
and lighten feelings of heaviness.  
Laugh often - a cheerful heart will  
turn fear into frolic  
and anger to ashes.

THRIVE • NINA HEYEN

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MAR				01	02	03	04
2018	05	06	07	08	09	10	11
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## ENJOY YOUR FREE POETRY CALENDAR!

PRINT AS MANY TIMES AS YOU WANT, BOTH FOR YOURSELF AND AS A GIFT  
FOR FAMILY AND FRIENDS .

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