

# LOVE

*fearlessly*

Again and again, defeat after defeat,  
turn your heart inside out  
and bravely expose old scars  
and new wounds barely healed.  
Never allow those mighty doors to close shut,  
no matter how many times your calls  
go out into the night, unanswered, echoless.  
Because in the silence you will hear  
your heart whisper: "I'm alive!"

THRIVE · NINA HEYEN

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